Benefits Apps for U.S. Employees

Health and Wellbeing

Sydney Health



Find a doctor, review your medical claims and pull up a copy of your member ID card – all in one place. Anthem's Sydney Health app makes it easy to access your health plan and medical information whenever you need it.









myCigna



The myCigna app can help you search for a network dentist by name, specialty or location, and it knows which Dental plan and network you belong to. The app also allows you to check claims and coverage details, and helps track your out-of-pocket expenses.









VSP Vision Care



Manage your eye care needs from your mobile device. Find a doctor, view your benefits and access your vision card. Caring for your eyes has never been so easy.









CVS Caremark



Use the CVS/caremark™ app to refill or request new mail service prescriptions, track order status, view prescription history, check drug costs and more. You can also use the app to find an in-network pharmacy near you and pull up your member ID card.









For more information:



Health Advocate



Our Health Advocate program helps you navigate healthcare and insurance issues, from complex concerns about a life-threatening illness to confusion about an explanation of benefits (EOB). And with the Health Advocate app, you can check the status of a case in real time, set up a call with a Personal Health Advocate, receive personalized alerts about tests and screenings, and more.









2nd.MD



2nd.MD offers easy access to an in-network doctor for an expert second opinion on a new or serious diagnosis, a recommended surgery, a chronic health problem you can't resolve, or if you've been advised to start a new prescription or medication.

Once you've downloaded the app and registered your account, you'll simply request a consult. The 2nd.MD care team will reach out for more information, gather your medical records and pair you with a medical expert who specializes in your condition – all within three days. Once you're scheduled for an appointment, all that's left for you to do is open the app and meet with your doctor.









LifeWorks



LifeWorks is a confidential employee assistance program (EAP) and an innovative wellbeing solution that offers 24/7 resources and support. Download the LifeWorks app to access and manage your EAP services to help you resolve your personal difficulties.









MyMSK



Patients at Memorial Sloan Kettering Cancer Center can manage important aspects of their care using MyMSK. Message your healthcare team directly, schedule your appointments, generate reports to share with your doctors, and more.









For more information:



Family and Life

Bright Horizons Back-Up Care



Once you register and log into the Bright Horizons Back-Up Care app, you can quickly and easily reserve back-up care whenever you need it.

Using the app, you can submit new care requests at a center or with an in-home caregiver, use the camera to upload forms to your care profile and review details about your back-up care benefit, like how many care uses you have left.









Finance

Empower Retirement



With the Empower Retirement app, you can check in on your 401(k) and manage your account anytime, anywhere.

Log into the app to see your statements, transaction history, account balance and investments, your estimated retirement income and more.









BenefitHub



As a Bloomberg employee, you have access to exclusive discounts on travel, car rentals, restaurants, electronics, apparel, tickets and much more through the BenefitHub app. You can save on items you purchase every day.









EZ Receipts



If you take part in any of our benefits administered by HealthEquity|WageWorks, like the Wellbeing Rewards Program or have healthcare and/or dependent care FSAs, the EZ Receipts should be your go-to.

This app lets you submit claims from your phone, upload receipts by simply taking a photo and review or update your account at any time.









For more information:

